

Travel, memories, keeping in touch with friends and family

At Parramatta Computer Pals for Seniors, we believe that a PC, MAC or laptop is simply a tool to help you enjoy your retirement, whether you like to travel, record your memories, research your ancestry, keep in touch with grandchildren and far flung family or friends, enjoy craft and other hobbies, keep up with current affairs, win an argument or pay your bills.

We'll teach you how to make the most of today's technology, whilst having fun.

All of us are senior volunteers.



Parramatta Computer Pals offers daytime courses relevant to seniors' retirement lifestyles!



www.parramattacps.org.au

PO Box 3102
PARRAMATTA NSW 2124
(Level 2, Council Chambers
Building)

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If unanswered contact:
Judy 9871 6820
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Parramatta Computer Pals for Seniors



Courses, special interest groups, presentations, Q & A and more...



Where computing is fun!

Tel: 9871 6820 or 9636 7752

How can you learn?

ParraPals members learn in a variety of ways and we try to cater for different learning styles.

Computer skills are taught through:

- 5 week courses (2 hours per week)
- Short courses on specific topics (2 hours)
- Special interest groups meeting bi-monthly/MAC monthly
- Monthly presentations by trainers or guest speakers/ Q and A session
- Volunteering as a buddy or trainer (our trainers learn new skills every week!)
- Contact by phone or email with trainers
- Absorbing newsletter and website tips



Our current courses: general

Beginners (Windows XP) and (Windows 7)

Mouse and keyboard skills; confidence building. (10 hours). Includes introduction to email.

Beyond the basics (Windows XP) and (Windows 7)

Recommended for seniors with some experience. Get to know how to save, move, copy and find files and folders; features of your operating system. Crucial information for subsequent courses.

Email and Internet (Beyond the Basics)

Set up a Google Gmail account, and link it to your home Internet Service Provider (ISP) if you have one. Learn how to use the internet and communicate efficiently by email.

MS Word, MS PowerPoint & MS Excel

Basic skills in Office 2003 and 2007 word-processing, presentations and spreadsheets. We plan to offer Office 2010 mid year.

Managing Digital Photography

From camera to computer; name and organise your photos so you can find them; enhance photos and email or upload them through Picasa 3.6.

Follow on courses:

Scrapbooking in Word, CreaCard; Digital Photo Stories; Photo Books online

Using your Digital Photo skills and some word processing, you can create scrapbooking projects, design cards for all occasions, make a video story from photos or publish a book.

Audio editing

Create digital sound; transfer LPs to CD

Apple Mac

Courses for beginners/ monthly special interest group

Short courses

Facebook—setting up and using effectively

E-Bay buying and selling

Genealogy on line —a wide variety of topics

Skype—save a fortune on phone bills

Laptop familiarization—bring your own laptop

Trouble shooting—individual attention

Google tools - various applications.

Mail merge letters, envelopes and labels

Refresher courses for current students